



**Mental Health
Recovery Services**
of Warren & Clinton Counties
eNewsletter

"Our mission is sharing hope and caring to achieve recovery from mental illness, alcoholism, and drug addiction."

**Information for the Community
November 2012**

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New MHRS Board Member



MHRS Board Chairman William Russell welcomes Michelle Hall.

Mental Health Recovery Services of Warren and Clinton Counties appointed Michelle Hall as a new board member at the October Board meeting.

Crisis Intervention Team Adds 22 More Officers



A Crisis Intervention Team (CIT) training program was held October 24-26 in Lebanon. 22 area police officers completed this intensive training sponsored by Mental Health Recovery Services of Warren and Clinton Counties.

CIT is a nationally recognized program that provides law enforcement and first responders communication skills for situations that involve a person in a mental health crisis. The training lays a foundation of knowledge for the officers including information about mental health diagnosis, psychotropic medications, and substance abuse; and provides instruction about

We look forward to spotlighting Michelle in an upcoming issue of this monthly e-newsletter.

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About MHRS

Mental Health Recovery Services of Warren & Clinton Counties (MHRS) is the local Alcohol, Drug Addiction and Mental Health Services (ADAMHS) board that plans, funds, monitors and evaluates services and programs for residents with serious mental and emotional disorders and/or substance addictions.

(513) 695-1695

www.mhrsonline.org

Provider Agencies

[New Housing Ohio, Inc.](#)
[Community Counseling and Recovery Centers](#)
[National Alliance on Mental Illness - Warren County](#)
[Mental Health America of Southwest Ohio, Inc.](#)
[Women's Recovery Center](#)
[Talbert House: Warren Outpatient Services](#)

Crisis Line

1-877-695-NEED
(6333)

National and State Entities

[NAMI Ohio](#)

[National Alliance for the Mentally Ill \(NAMI\)](#)

[Ohio Association of County Behavioral Health Authorities](#)

[Ohio Department of Mental Health](#)

[Ohio Dept. of Alcohol & Drug Addiction Services](#)

[Ohio Suicide Prevention Foundation](#)

[Substance Abuse & Mental Health Services Administration](#)

communication, de-escalation and intervention. The newly-learned skills are then tested in a role-playing experience before graduation is achieved.

The 26-hour training is developed around the core elements of all Ohio CIT programs. There are 73 counties in Ohio who have at least one department who is CIT trained. The Warren County Sheriff's office, police departments from Maineville, Lebanon, Springboro, Franklin, Clearcreek Township, Monroe, Loveland, Hamilton Township, Waynesville, and Mason; Clinton County Sheriff's office and Wilmington City Police all have CIT graduates in their departments.

CIT is currently funded by a grant received from the Health Foundation of Greater Cincinnati. The training is available at no cost to any first responder who deals with mental health crises. The next training will be in March 2013. If you are interested in attending or need more information, please contact Colleen Chamberlain, Director of Adult and Community Support Services for MHRS at 513.695.1692 or cchamberlain@mhrswcc.org.



Dispatchers Receive CIT Team Companion Training

Eight supervisors from Warren County Dispatch completed a half-day Crisis Intervention Team Companion Training in October. This training supports CIT officers, and the learning goals include:

1. an overview of mental illness,
2. understanding CIT,
3. calls dispatchers may receive and clues to mental illness, and
4. tips for getting information.

The training was provided by MHRS and Lt. Beth Mason from Maineville Police Department. Additional CIT Team Companion Training will be provided as requested. Please contact Colleen Chamberlain for more information at 513.695.1692 or cchamberlain@mhrs.org.

Power of Prevention Awards Presented

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Mini-Grants Recipients Selected

In 2010, Mental Health Recovery Services of Warren and Clinton Counties (MHRS) began a mini-grant program to fund innovative mental health and substance abuse programs with key partners in the community, focusing primarily on prevention services. The inaugural year funded a total of 8 projects. In 2011, MHRS continued this competitive grant program and awarded an additional 14 grants.

On October 12 of this year, the fiscal year 2013 grant recipients were announced with a total of 12 grant awards being made. This brings the total grant funding to over \$300,000 in these three funding years. The following are the FY 13 Mini-Grant recipients:

**Big Brothers/Big Sisters of
Warren & Clinton Counties**

Camp Joy

**Child Advocacy Center of
Warren County**

City Gospel Mission

**Clinton County Services for
the Homeless**

Donovan Elementary School

Lebanon High School

Stepping Stones Ranch

**Southern Ohio Educational
Service Center/Clinton County
Alternative School**

**Violence Free Coalition/Abuse
and Rape Crisis Shelter
(ARCS)**

The Suicide Prevention Coalition of Warren and Clinton Counties (SPC) recently presented three Power of Prevention awards. Receiving these awards were the Warren County Sheriff's office, the Clinton County Sheriff's office and Jerry Schrock, a teacher at Mason High School. This special honor is given to a person and/or organization who has gone above and beyond job duties in the area of Suicide Prevention.

Both sheriff offices were recognized for exemplary leadership in supporting mental health through a prevention program - QPR training class (Question, Persuade and Refer) - to educate their employees on suicide warning signs, how to intervene when interacting with an individual displaying these signs, and how to connect them to professional help.

"Often it is difficult to gain entry to organizations with these difficult messages, like suicide prevention, despite the evidence to support the effectiveness of this approach. That is why the SPC felt a very important need to honor both the Clinton and Warren County Sheriff's offices as facilitators of the QPR Program," stated Patti Ahting, Suicide Prevention Coalition of Warren and Clinton Counties Chair and MHRS Associate Director. Ahting acknowledged the Coalition's genuine appreciation to these two public service organizations for partnering with the SPC and for being a proactive role model for other counties throughout the State of Ohio to follow.



The Warren County Sheriff's Office received a 2012 Power of Prevention Award from the Suicide Prevention Coalition (SPC). Pictured left to right are Officer Paul Sarver, Patti Ahting (SPC), Sgt. Renee Larson, and Sandy Smoot (SPC).

Warren County Community Services-Family Services

Wilmington City Schools

Complete details on the funded programs of these 12 organizations will be featured in the December e-newsletter. You may also read more about the projects funded by clicking the link below:

[FY13 mini-grant recipients](#)

Quick Links

[Our Website](#)

New Study Shows Depression Stigma Fading

A new public opinion poll, released in October, revealed that most Americans would not change their vote even if they learned that a presidential candidate had been treated for depression. The telephone poll of 1,021 adults, conducted in September, found that 53 percent of Americans know someone who has been treated for depression and 72 percent said they would also seek treatment if they experienced symptoms of depression. The researchers also found that 67 percent of Americans believe depression is usually treatable. This new information gives advocates confidence that stigma reduction is working.

SOURCE: Screening for Mental Health, Inc., news release, Oct. 8, 2012



The Clinton County Sheriff's Office receives a 2012 Power of Prevention Award from the Suicide Prevention Coalition (SPC). Pictured first row left to right are: Corrections Officer Stacy Likovetz, Barbara Adams Marin (SPC), Sgt. Mike Wahl, Patti Ahting (SPC), Lt. Justin Drake, and Sheriff Ralph D. Fizer, Jr. Row two: Corrections Officers Eli Kenney and Jason Hubbard, and Col. Brian L. Prickett.

This potentially lifesaving training program (QPR) is free and available to any Warren or Clinton County organization by contacting Jane Groh, Solutions Community Counseling and Recovery Centers, at 513.228.7873 or jgroh@solutionsccrc.org.



Patti Ahting (left), Suicide Prevention Coalition of Warren and Clinton Counties, presents a Power of Prevention Award to Jerry Schrock. Also pictured is Vycki Haight, Community Resource Coordinator of Mason City Schools.

Mason High School history teacher Jerry Schrock was awarded the 2012 Power of Prevention Award by the Suicide Prevention Coalition of Warren and Clinton Counties during a special presentation to the Mason Board of

Education on October 23. Schrock received the award for his groundbreaking work in developing Mason High School's Blue Dot program.

In 2008, Schrock was personally affected by the suicide of his life-long friend. After Mason High School lost Class of 2014 members to suicide in both 2010 and 2011, Schrock searched for a way to help students know that no matter what the situation, there would always be someone they could contact for help. He developed the Blue Dot Conversation Campaign with a very simple message - students who see a blue dot posted on the door, desk, or wall of a classroom, now know that there is someone there who will never be too busy to listen. "As the Blue Dot Program has grown, students have verbalized how just seeing these blue dots in the windows of the classrooms and on the desks of our staff, makes them know that there is a place where they can always go when they need someone the most," said Vycki Haught, Mason City Schools Community Resource Coordinator.

With the help and guidance of noted anti-bullying suicide prevention author Stan Davis, Schrock has helped to spread the Blue Dot message throughout the state and around the country. Now many districts are presenting a very similar program in their schools to send the message that every student belongs and has a place to go where his or her concerns will be heard.

"We know from research that youth who have a trusted adult in their lives are more successful and less likely to engage in risky behaviors. We also know that, as this glass award portrays, there are many people in a child's life and it is important that they work together to assist in the child's success. So, while the program may appear simple, the Suicide Prevention Coalition of Warren and Clinton Counties recognizes the profound impact it has had," said Patti Ahting, Suicide Prevention Coalition of Warren and Clinton Counties Chair and MHRS Associate Director.

The Suicide Prevention Coalition of Warren and Clinton Counties began the Power of Prevention Award recognition program in 2011.

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