

Kelley Brown

From: Mental Health Recovery Services of Warren & Clinton Counties [blawyer@mhrswcc.org]
Sent: Monday, March 19, 2012 6:00 PM
To: Kelley Brown
Subject: News from Mental Health Recovery Services of Warren & Clinton Counties



"Our mission is sharing hope and caring to achieve recovery from mental illness, alcoholism, and drug addiction."

Information for the Community March 2012

About MHRS

Mental Health Recovery Services of Warren & Clinton Counties (MHRS) is the local Alcohol, Drug Addiction and Mental Health Services (ADAMHS) board that plans, funds, monitors and evaluates services and programs for residents with serious mental and emotional disorders and/or substance addictions.

(513) 695-1695
www.mhrsonline.org/

Provider Agencies

[Solutions Community Counseling and Recovery Centers](#)

[New Housing Ohio, Inc.](#)

[National Alliance on Mental Illness -](#)

MHRS Leading Changes in Treatment Due to Medicaid Cap

Group services have been impacted as Medicaid funding and management responsibility have shifted to the State of Ohio. As a result, the Ohio Department of Mental Health (ODMH) has adopted Medicaid cost containment strategies which includes placing caps on the number of Community Psychiatric Supportive Treatment (CPST) services available to each client.

ODMH has recognized that all services need not be delivered by a professional, as some can be effectively delivered by trained and supervised peer specialists. There is a movement to allow "scripted" peer services to be reimbursable by Medicaid in FY13.

The Rehabilitation Services Commission (RSC) in collaboration with ODMH and local Boards will provide vocational rehabilitation funds to train and place peer specialists.

Through a \$26,800 matching grant Mental Health Recovery Services (MHRS) and Solutions' "Recovery to Work" team will identify services sites and train four peer specialists.

"In the past, the value of peer specialists has been underrated by funders, but not within the treatment community. This is a very good opportunity to provide services to clients in a clinically and cost effective way, which is always a goal of treatment," said MHRS Executive Director Brent Lawyer.

[Warren County](#)

[Mental Health America of Southwest Ohio, Inc.](#)

[Women's Recovery Center](#)

[Talbert House: Warren Outpatient Services](#)

Crisis Line
1-877-695-NEED
(6333)

Quick Links

Each month MHRS will pass along links to additional resources on specific topics

National Children's Mental Health Awareness Day Is May 9, 2012

During National Children's Mental Health Awareness Day on May 9, you can help raise awareness about the importance of children's mental health by sharing information about trauma and resilience in children.

Below are some examples of data points you can share in email messages, email signatures, or social media networks and blogs.

Youth in Juvenile Detention

Among a sample of youth in juvenile detention, 93 percent of males and 84 percent of females reported exposure to a traumatic experience. Eleven percent of males and 15 percent of females met the criteria for post-traumatic stress disorder (PTSD). PTSD and other mental health challenges can impair a youth's capacity to reach age-appropriate developmental goals.

[Learn More](#)

Youth Exposed to Trauma

Drug Overdose Rates Rise Significantly

Drug overdose deaths continue to be a public health crisis in Ohio with a 372 percent increase from 1999 to 2010. Unintentional drug overdoses caused 1,544 deaths to Ohio residents in 2010, surpassing the previous highest number (1,475) in 2008.



This is equivalent to four Ohioans dying every day or one Ohioan dying every six hours. Unintentional drug overdose

continues to be the leading cause of injury-related death in Ohio, ahead of motor vehicle traffic crashes, suicide and falls. This trend began in 2007 and continues through 2010.

Prescription drugs are involved in most of the unintentional drug overdoses and have largely driven the rise in deaths. Pain medications and multiple drug use are the largest contributors to the epidemic.

Both Warren and Clinton Counties have also seen a rapid rise in accidental drug overdoses in the past few years.

"This has been a recognized trend and as the architect of community mental health and recovery services we've been working to not only address the significant increase in accidental drug overdoses, but to also address the problem at a comprehensive, community-wide level," said MHRS Executive Director Brent Lawyer. These efforts include:

- Recent grants made to both Warren and Clinton County Family and Children First Councils to conduct a community-wide study to determine the local scope of drug / alcohol abuse, current resources available and prevention strategies going forward
- A medication management program to assist individuals with drug addiction, combined with outpatient education
- Continued prevention programs
- Participation in drug "take back" days

In addition to the local efforts, a statewide multi-level social marketing campaign media campaign is underway - Prescription for Prevention: Stop the Epidemic (P4P) (www.p4pohio.org).

P4P provides support in high risk counties through public education and outreach, TV and radio public service announcements, peer-to-peer programs in schools and education at work sites.

Spotlight on Don Shrimplin, MHRS Board Member

Children and youth who experience trauma display increases in stress hormones comparable to those displayed in combat veterans. Researchers point to multiple potential outcomes for children exposed to trauma, including attachment, mood regulation, dissociation, self-concept challenges, and behavioral, cognition, and biological changes, all of which can have a negative impact on school attendance, learning, and academic achievement.

With help from families, friends, providers, and other Heroes of Hope, children and youth can be resilient when dealing with trauma. Join us in celebrating National Children's Mental Health Awareness Day.

[Learn More](#)

National and State Entities

[NAMI Ohio](#)

[National Alliance for the Mentally Ill \(NAMI\)](#)

[Ohio Association of County Behavioral Health Authorities](#)

[Ohio Department of Mental Health](#)

[Ohio Dept. of Alcohol & Drug Addiction Services](#)

[Ohio Suicide Prevention Foundation](#)

[Substance Abuse & Mental Health Services Administration](#)

Join Our Mailing List!

Don Shrimplin spent much of his adult career as a professional counselor allowing him to see firsthand how treatment and therapy can truly impact lives. When Don moved to the area a few years ago he sought appointment to the MHRS board as a means to use his life experience to help an organization committed to providing quality mental health and recovery services to the local community.



As an appointee of the Warren County Commissioners, Don brings the "agency side" to board planning and strategic decisions. "Because I've been on the other side of the equation for so long it allows me to better understand the programs seeking funding, as well as being able to make recommendations about what I believe will work to improve outcomes. I also believe I serve the role of advocate for the agencies," Don said.

Don also characterized the work of the MHRS administrative team as being on the "cutting edge" within the community behavioral health care services field when it comes to applying the principles of strategic planning, accountability, and program evaluation in order to obtain the best outcomes for clients.

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Mental Health Recovery Services of Warren & Clinton Counties | 212 Cook Road | Lebanon | OH | 45036

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