



## **QPR- Question, Persuade, Refer - Suicide Prevention Training**

### **Take Action To Make A Difference!**

Each year an estimated 775,000 family members are impacted by the suicide attempt or death of a loved one. Countless others are concerned about friends. You can make a difference and possibly save a life.

In a QPR training, individuals can learn to recognize the warning signs of suicide and how to apply three simple steps that may save a life. Presented by a certified instructor, each QPR training includes information on:

- **the problem** of suicide nationally and in Ohio
- **common myths and facts** associated with suicide
- **warning signs** of suicide
- **tips for asking** the suicide question
- **methods for persuading** suicidal individuals to get help
- **ways of referring** at risk people to local resources
- AND time for **Questions and Answers**

Each attendee will receive a QPR booklet and card with information on suicide prevention, as well as resource information for treatment providers and support groups within their community.

To schedule trainings, please contact:

**Agency:** Solutions Community Counseling and Recovery Centers

Attn: Barbara Adams Marin, LCDCII, OCPS

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~~ Available to any Warren or Clinton County organization ~~